

THE 4-H PLEDGE

“ I pledge my head to clearer thinking,
 My heart to greater loyalty,
 My hands to larger service,
 and my health to better living,
 for my club, my community, my
 country, and my world. ”



“ 4-H is a global network of youth organizations whose mission is engaging youth to reach their fullest potential while advancing the field of youth development by teaching the youth different life skills that they are able to use in the future. ”

BELONGING

1. A positive relationship with a caring adult
2. An inclusive environment
3. A safe environment



MASTERY

4. Engagement in Learning
5. Opportunity for Mastery



INDEPENDENCE

6. Opportunity to see oneself as an active participant in the future
7. Opportunity for self-determination



GENEROSITY

8. Opportunity to value and practice service for others



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4-H Youth Development Program

WORKSHOPS

ENTOMOLOGY

Do you like butterflies? Do you know what species they belong to? Let's catch some! Participants will engage in activities that introduce them to the world of insects. You will learn the process of identifying them and how to create a collection. Let's start your collection today!



STEM

Are you interested in how things work? Do you wonder how things are designed? Then this is the place for you! Participants will have hands on experience and activities promoting Science, Technology, Engineering, and Math. You could be a future Nobel Prize winner!

HANDS-ON ACTIVITIES

METGOT / HEALTH ROCKS

Metgot is a Chamorro word meaning strong, tough, and tenacious. Being healthy and fit is such a great feeling, especially when you're having fun while doing it. Participants will engage in different lessons and activities centered on preventative health and safety.



YOUTH FISHERIES

Would you like to get to know the fish that live in the sea? Now you can! In this exclusive program, participants learn about local species of fish, fishing methods, water safety, and conservation. Participants will be encouraged to take pride in the local marine habitat and will have the opportunity to explore and apply their knowledge of fishing from above and below the ocean's surface.

AND MUCH MORE...

RESULTS

4-H STUDENTS ARE...

- ❁ 4-H girls are two times more likely (Grade 10) and nearly three times more likely (Grade 12) to take part in science programs compared to girls in other out-of-school time activities
- ❁ Two times more likely to participate in Science, Engineering and Computer Technology programs during out-of-school time (Grades 10-12)
- ❁ Two times more likely to make healthier choices (Grade 7)
- ❁ Two times more likely to be civically active (Grades 8-12)
- ❁ Four times more likely to make contributions to their communities (Grades 7-12)

