

GUAM-GROWN FRUITS

Seasonality Chart

Why Buy Local?

Enjoy peak freshness

Local farms and gardens are the freshest source of produce in Guam, delivering a higher nutrient content, more exceptional flavor, and a longer shelf-life than imported vegetables.

Support local farmers

Buying local produce infuses money directly into our island economy, supporting farmers and their workers and families. It also encourages growth and diversity of local agriculture operations, contributing to greater food security for the island.

Reduce your footprint

Growing and buying food locally reduces the need for international shipments. This makes for a greener island and a greener planet with less pollution emissions and less waste produced from shipping materials.

Guam Seasonality Chart*

COMMON NAME	CHAMORU NAME	JAN	FEB	MAR	APR	MAY	JUN	JUL	AUG	SEP	OCT	NOV	DEC
Avocado	Alageta												
Banana	Aga' (mature), Chotda (immature)												
Barbados Cherry													
Betel Nut, Hard	Pugua', Mahetok												
Betel Nut, Soft	Pugua', Mañaña'												
Breadfruit	Lemmai												
Breadfruit, Seeded	Dokdok												
Calamondin Lemon	Kalamanse'												
Chicle	Chiku												
Coconut	Niyok												
Dragonfruit/Pitaya													
Governor's Plum													
Guava	Åbas												
Honey Dew	Mellon Finu												
Indian Jujube	Mansānan Pão Take'												
Jackfruit	Långka'												
Lime	Lemmon China												
Mango, Ripe	Mångga, Måsa												
Mango, Young	Mångga, Gada'												
Melon	Pipinu												
Mexican Keylime	Lemmon Adamelong												
Mulberry													
Muskmelon	Mellon Båstos												
Otaheite Gooseberry	Iba'												
Pacific Almond	Talisai												
Panama Cherry	Mansanita												
Papaya	Papåya												
Pickle Tree	Pikols												
Pineapple	Piña												
Pummelo	Kåhet Må'gas												
Soursop	Laguanå												
Spanish Plum	Siniguelas												
Star Apple	Kainitu												
Starfruit	Bilembines												
Surinam Cherry													
Sweetsop	Åtes												
Tamarind	Kalamendo'												
Tangerine	Lalanghita												
Watermelon	Chandiha												
Wax Apple	Makupa												

■ Indicates PEAK availability ■ Indicates MODERATE availability □ Indicates NO availability

*Availability could vary from year-to-year depending on weather conditions.



Banana



Watermelon



Avocado



Sweetsop



Mango



Breadfruit

